

## **SSFA Miniroos (Grassroots) Coaching Course**

### Coach Development- Free Coaching Course

*Discovery Phase-For coaches training U/6 up to U/9 year old players*

These 2-3 hour courses are fully practical and encourage the coach to develop practices that are based on FUN. The emphasis is on natural development i.e. learning by PLAYING football. No coaching but organising FUN football exercises is the key to helping players build a love for the game. Another highlight of the course is that the coaches are exposed to basic rules of the game as well as tips and hints on building a football culture in a completely practical setting.

**Sutherland Shire Football Association will be running one of these courses on the following date:**

**Wednesday 1<sup>st</sup> July 2020, 6pm – 8pm at Harrie Denning Football Centre, Kareela**

### **What do you need to do to register and prepare for the course?**

1. Register online via the link provided below or find more information at:

<http://www.ffacoachingresource.com.au/the-building-blocks/the-discovery-phase/training-program/>

<https://www.ffa.com.au/get-involved/coaching>

### **What do you need to bring to the course?**

1. Suitable attire to actively participate in practical sessions – this includes suitable footwear (boots if desired), shin guards, wet weather gear and towel
2. Writing materials, drink bottle

**ARE YOU READY TO START?** – Complete your **Registration** via the following link:

<https://education-ffa.sportingpulse.com/Entry/?EIDMC=9149919&MenuID=%2f17038%2f0>

Ensure you click on the correct course and location (i.e. at Sutherland Shire Football Assoc – Location is Kareela)